

5K RUN/WALK TO END ADDICTION

Saturday, May 20th, 2017, 9AM

(Fun Run Starts at 8:30)

Shorefront Park, Patchogue

(All Proceeds to benefit Hope House Ministries)

-A fast, flat course through Patchogue with mile AND kilometer markers throughout; USATF Sanctioned. Walkers, joggers and runners all welcome!

-Dri-Fit commemorative T-shirt guaranteed to pre-registered participants (through May 5 - others first come, first served)

-Awards in male/female 5 year age groups beginning with 14 and under to 70 and up, and 1st/2nd/3rd overall

-Refreshments for all participants. Two water stops (1 mile, 2 mile)

-cost: \$25 pre-registered (through May 18), \$30 day of event; Kids 200 meter run is FREE! (all kids must be registered)

CHECK-IN begins at 7:30 at Shorefront Park, Smith St., Patchogue. Fun Run participants must be registered by 8:15; all others by 8:30.

*******THANK YOU FOR HELPING US HELP THOSE IN RECOVERY*******

Register now: strongislandrunningclub.com

Questions? Call Joe Folks, Race Director 631-949-2442



